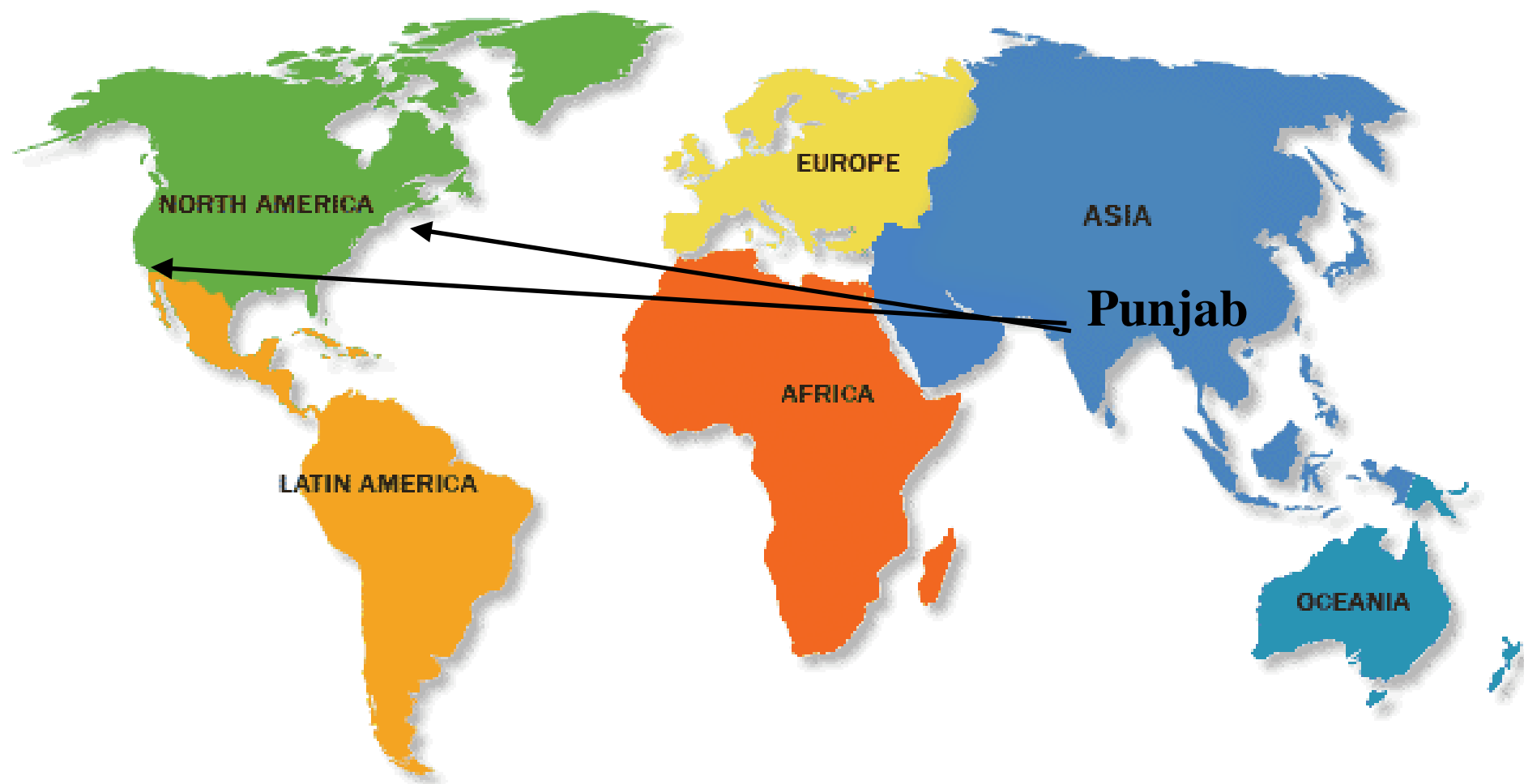


# Who are the Sikhs?



# Sikhs Came to America Over 100 Years Ago



# Misidentification

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# Misidentification



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Are Sikhs Muslims?

# Misidentification



Are Sikhs Muslims?

**NO**

# Misidentification



Are Sikhs Muslims?

**NO**

Are Sikhs Hindus?

# Misidentification



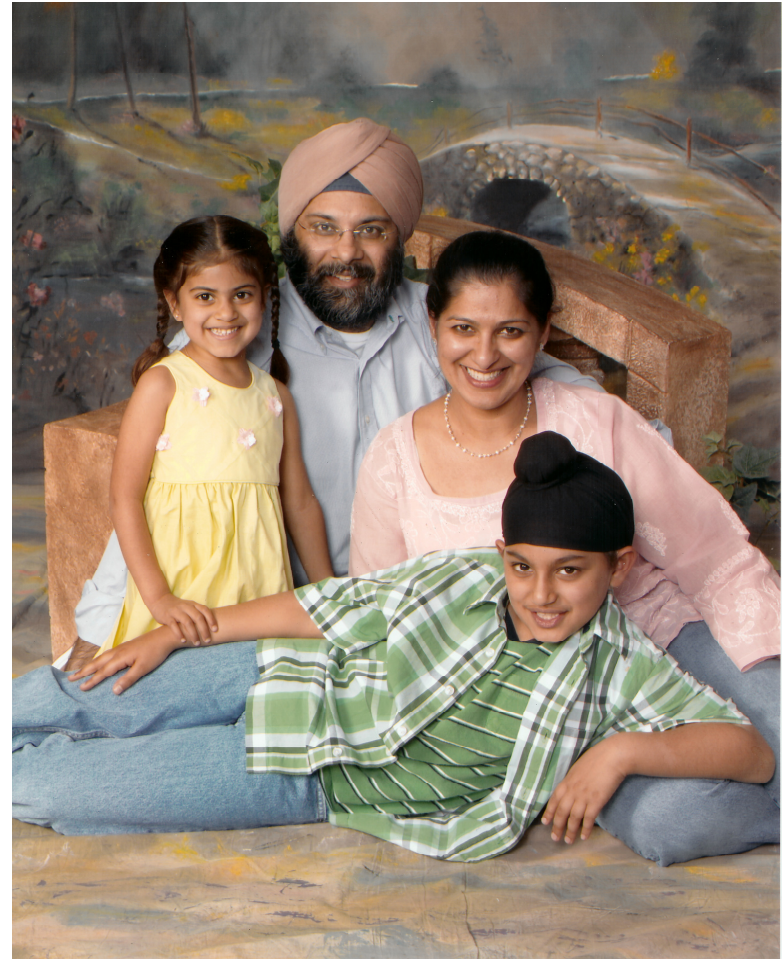
Are Sikhs Muslims?

**NO**

Are Sikhs Hindus?

**NO**

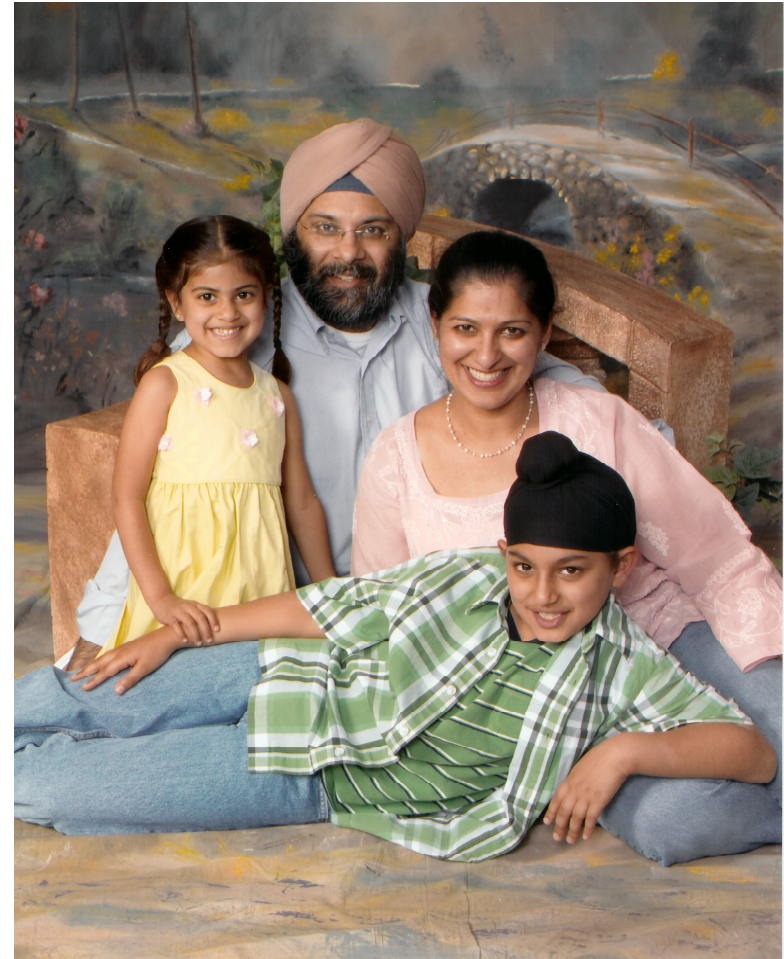
# Sikhism





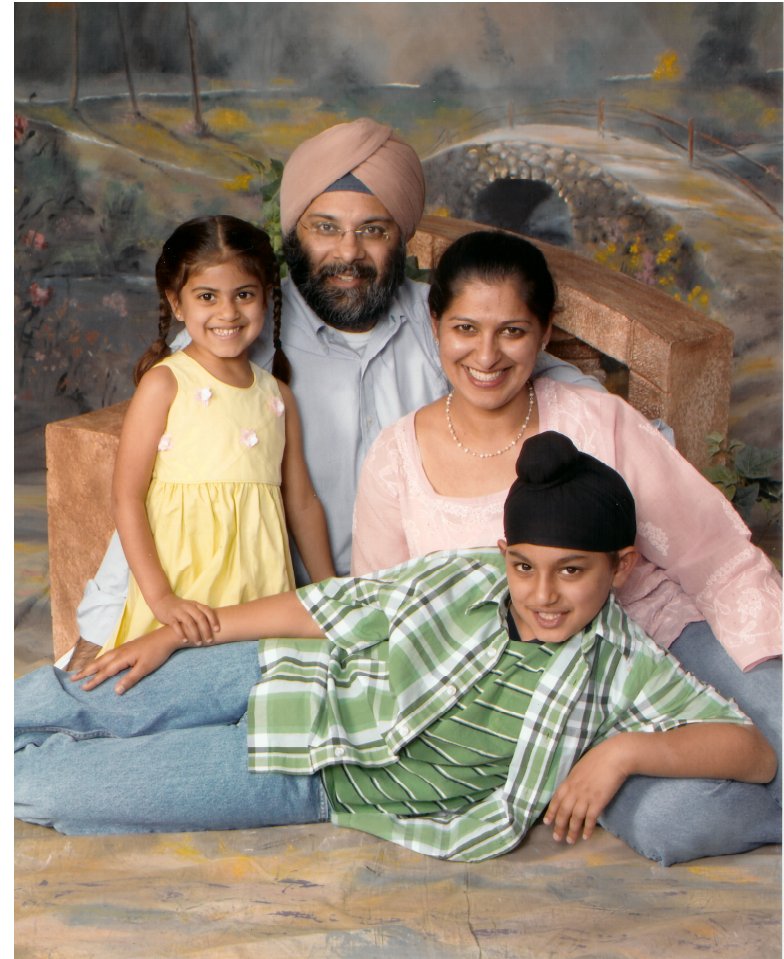
# Sikhism

- Sikhism is the fifth largest world religion



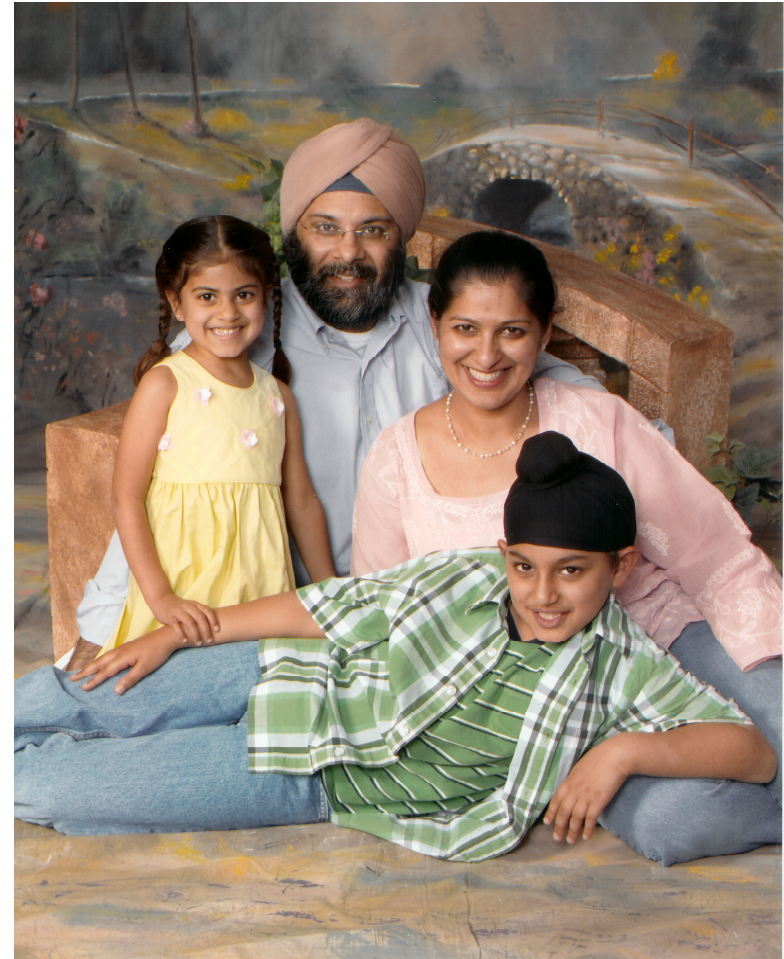
# Sikhism

- Sikhism is the fifth largest world religion
- Sikhs believe in 1 God



# Sikhism

- Sikhism is the fifth largest world religion
- Sikhs believe in 1 God
- Sikhs believe everyone is equal





# Sikh Lifestyle



## Sikhs should:

- work and live honestly
- share with others
- remember God everyday

# The 5 “Ks”



# The 5 “Ks”



*Iron Bracelet (Kara)*  
**GOOD DEEDS**



# The 5 “Ks”



*Iron Bracelet (Kara)*  
**GOOD DEEDS**



*Sword (Kirpan)*  
**PROTECTION**



# The 5 “Ks”



*Iron Bracelet (Kara)*  
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*Sword (Kirpan)*  
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*Long Underpants (Kachera)*  
**SELF DISCIPLINE**





# The 5 “Ks”



*Iron Bracelet (Kara)*  
**GOOD DEEDS**



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*Long Underpants (Kachera)*  
**SELF DISCIPLINE**



*Uncut Hair (Kesh)*  
**SPIRITUALITY**

# The 5 “Ks”



*Iron Bracelet (Kara)*  
**GOOD DEEDS**



*Sword (Kirpan)*  
**PROTECTION**

*Long Underpants (Kachera)*  
**SELF DISCIPLINE**



*Uncut Hair (Kesh)*  
**SPIRITUALITY**



*Comb (Kanga)*  
**CLEANLINESS**

# Sikh Turban

- 99% of the people wearing a turban in the U.S. are Sikhs
- Sikhs have to wear the turban as part of their religious uniform
- Helps them stand out so they can help others



# Different Types of Turbans





# Guru Granth Sahib

- Guru means religious guide
- During Sikh services, people read and sing from the Guru Granth Sahib
- It teaches you how to be kind, tell the truth, love and respect everyone



# Gurdwara

- Place to learn and pray
- Everyone welcome
- Services usually on Sundays
- Community meal for all (Langar)



# Most Sikhs Speak Punjabi



- Over 80 million people speak Punjabi
- The Punjabi alphabet contains 35 letters

ਹੈਲੋ

ੳ ਅ ਏ ਸ ਹ  
ਕ ਖ ਗ ਘ ਙ  
ਚ ਛ ਜ ਝ ਵ  
ਟ ਠ ਡ ਢ ਣ  
ਤ ਥ ਦ ਧ ਨ  
ਪ ਫ ਬ ਭ ਮ  
ਯ ਰ ਲ ਵ ਝ

# Sikhs Are Everywhere!





# Sikhs Are Everywhere!



**Artists**

# Sikhs Are Everywhere!



**Artists**



**Actor**

# Sikhs Are Everywhere!



**Artists**



**Actor**



**Basketball Player**

# Sikhs Are Everywhere!



**Artists**



**Actor**



**Basketball Player**



**Military**

# Sikhs Are Everywhere!



**Artists**



**Actor**



**Basketball Player**



**Military**



**Scientist**



# Sikhs can be found in many different professions today!

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# Sikhs can be found in many different professions today!



**Doctor**



# Sikhs can be found in many different professions today!



**Doctor**

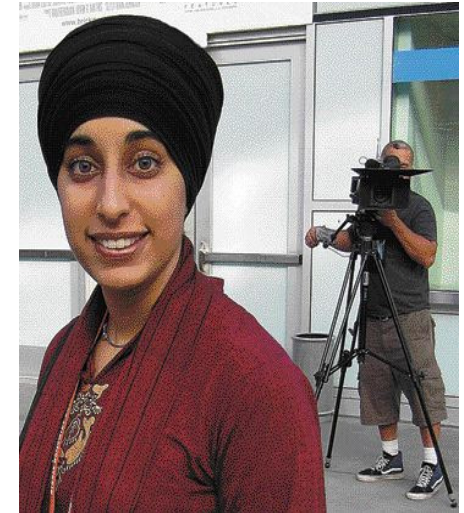
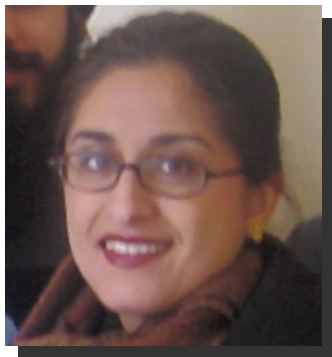




# Sikhs can be found in many different professions today!



**Doctor**

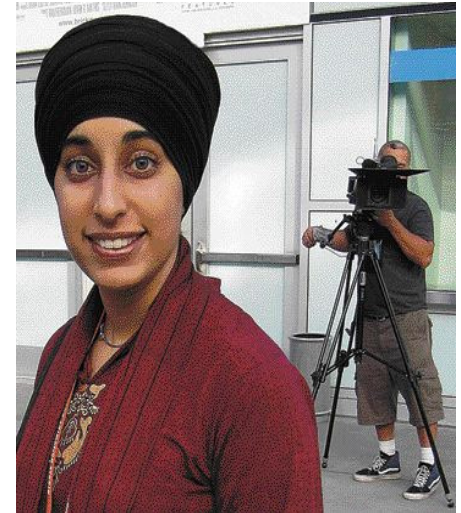


**Filmmaker**

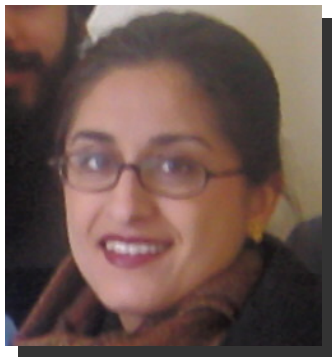
# Sikhs can be found in many different professions today!



**Doctor**



**Filmmaker**



**Farmer**

# Understand. Appreciate. Respect.

